

**LEMUEL SHATTUCK HOSPITAL'S
METRO BOSTON PSYCHOLOGY TRAINING PROGRAM**

CLINICAL PSYCHOLOGY FIELD SITE TRAINING
Forensic/Psychiatric Rehabilitation, Neuropsychology and Clinical/Health Psychology Tracks

2008-2009 ACADEMIC YEAR

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**METRO BOSTON PSYCHOLOGY TRAINING PROGRAM
OF LEMUEL SHATTUCK HOSPITAL**

CLINICAL PSYCHOLOGY FIELD SITE, 2008-2009 ACADEMIC YEAR

Site Name: Metro Boston Psychology Training Program (Metro Boston PTP)
of Lemuel Shattuck Hospital

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Director of Psychological Training:

Charles J. Reilly, Ed.D.

Director of Neuropsychology Training:

Nancy Moczynski, Ph.D., ABPP-CN

Faculty: Katya Burdo, Psy.D., Robert McMackin, Ed.D., Dennis Tyrell, Ph.D., Bruce Swartz, Psy.D.,
Robert Jampel, Ph.D.

Type of training: Metro Boston Psychology Training Program (Metro Boston PTP) provides Clinical Psychology field site training for both Intern and Practica level students. We offer a broad educational experience with areas of emphasis (Neuropsychology, Health Psychology and Forensic Psychology). During the training year for 2006-2007 we accepted ten intern trainees and six practica trainees.

Internship: The Metro Boston PTP internship training is for those in the 3rd or 4th year of clinical field placement training. Each part time trainee must complete 1000 hours (generally 24 hours per week, 3 days per week) and each full time student 2000 hours (40 hours per week, 5 days a week). The training starts in September and extends through August.

Practica: The Metro Boston PTP practica training is for those in the 1st, 2nd or 3rd year of clinical field placement training. Each part time trainee must complete 600 to 800 hours (generally 18 hours per week for first year trainees and 20 hours per week second and third year practica trainees, 3 days per week). The training starts in September and extends through June.

Focus of Training: Metro Boston PTP provides training experiences that are intended to prepare scientist-practitioners for assessment, treatment and rehabilitation of multiply diagnosed patients. Patients have a range of problems that include persistent medical problems, persistent mental illness, forensic issues, neuropsychological problems, and behavioral issues. Intern and Practica trainees participate in a full range of professional activities consistent with the individual's level of development and learning goals. Trainees applying to the Metro Boston Psychology Training Program are asked to declare which area of emphasis they are intending to apply for:

- ☐ Forensic / Psychiatric Rehabilitation Track- Psychiatric Rehabilitation with Forensic emphasis (Practica and Internship)
- ☐ Neuropsychological Track- Assessment/Psychotherapy/Consultation with Neuropsychological emphasis (Practica and Internship)
- ☐ Health Psychology Track- Behavioral Health with emphasis on prevention and treatment of persistent and life threatening illness (Practica and Internship)

Application procedure: Candidates interested in the MetroBoston Psychology Training Program should anticipate providing the following when applying:

- Cover letter and C.V.
- Three references
- Writing sample

Application deadline: Applicants are encouraged to apply as soon as possible.

Field Site Characteristics

The Lemuel Shattuck Hospital (LSH) abuts the grounds of the picturesque Franklin Park. LSH is a Public Health Hospital that is certified by the Joint Commission Accreditation for Healthcare Organizations and the Health Care Finance Agency. LSH is charged with the mission of providing comprehensive health care and support services which meet the health and social needs of the Greater Boston Community and the Commonwealth of Massachusetts. The patients and the staff of LSH reflect the racial and cultural diversity that is present in the Greater Boston area.

The Metro Boston Mental Health Units is an intermediate term care psychiatric service administered and staffed by the Department of Mental Health at LSH. It provides care and treatment for 125 persistently mentally ill patients. The primary treatment focus for this service is to engage patients in a Psychiatric Rehabilitative process that will enable them to attain and sustain the highest level of functioning in the least restrictive setting.

Additional the medical inpatient and ambulatory care components of the LSH include: Geriatric Unit, Medical-Behavioral Care, Medical and Surgical Care, AIDS Health Care, Tuberculosis Care, Correctional Care, Services for the Homeless, RoxComp Methadone Assistance Treatment Program, Addition Health Opportunity Program, and Ambulatory Care Services (Goldfarb Primary Care Association, Goldfarb Behavioral Health Clinic, 30 Specialty Out-patient Clinics). The Campus of LSH also supports the Massachusetts Mental Health Center, the Kitty Dukakis Women's Treatment Center and the Shattuck Shelter.

The Lemuel Shattuck Hospital has a longstanding commitment to fostering training and is a major training site in the Boston area for all professional disciplines including Psychology, Psychiatry, Social Work, Rehabilitation, Nursing and Medicine. The theoretical orientation of the psychology training is multi-modal, and employs a variety of approaches in treating patients, i.e. cognitive-behavioral, rehabilitation psychology, systems, dynamic, etc. The model of professional training and education provided by Metro Boston Psychology Training Program is intended to prepare students for the practice of professional psychology. With its' diverse staff and clinical population and affiliation with the MultiCultural Psychology Training Program at Boston University Medical School, the Metro Boston PTP maintains a solid commitment to cultural competence in clinical practice. In addition to preparing students for entry level practice by means of a broad clinical training, this training site can also offer emphasis in the areas of forensic psychology and neuropsychological assessment. The primary training method is experiential which includes direct service to patients, mentoring, didactic exposure integration of theory and applied practice, role modeling, and supervision.

TRAINING PROGRAM:

a) Direct Clinical Experience:

- Approximately 50% of placement time is expected to be clinical time (see attached examples of typical schedules)

b) Seminars/Clinical Conferences:

- Clinical Psychology Lecture Series (weekly/one hour-Tuesday a.m.)
- Clinical Neuropsychology and Psychology Case Conference (weekly/one hour-Tuesday a.m.)
- New England Medical Center Psychiatry Lecture (1 hr./week- Monday a.m.)
- Medical Grand Rounds (1 hr./week- Tuesday a.m.)

c) Specific Duties expected of Psychology Trainees:

1. Approximately 50% clinical service time. Engage in a variety of diagnostic and treatment experiences
2. Attend and participate in scheduled supervision (i.e. individual supervision, group supervision)
3. Attend and participate in scheduled didactic training
4. Perform required administrative and procedural tasks associated with clinical care.

d) Supervision:

- All supervision is provided by licensed psychologists
- Supervision is offered in both individual and small group modalities
- Training goals are consistent with curriculum goals
- Supervision required by the Metro Boston Psychology Training Program will meet or exceed guidelines established by Psychology Graduate Programs.

e) Research opportunities:

Opportunities are available for interns to participate in ongoing research and/or to develop research projects within the guidelines of hospital and Department of Public Health/ Department of Mental Health policies. Interns should approach Dr. Reilly as soon as possible to make their interests known. Research areas that the Department of Psychology is currently involved include: Wellness Project, Arts in Health Care, Persistent Mental Illness and Healthy Behaviors, HIV/AIDS Prevention for the Seriously Mentally Ill: Motivational- Skills and Volumetric Analysis of Atructural MRI in Violent and Aggression.

Supervisors of Psychology Trainees:

<u>NAME</u>	<u>Training Track Emphasis</u>	<u>License #</u>
Dr. Katya Burdo	Psychiatric Rehabilitation Forensic	
Dr. Robert Jampel	Psychiatric Rehabilitation Forensic	1632
Dr. Robert McMackin	Health Psychology	3317
Dr. Nancy Moczynski	Neuropsychology	6590
Dr. Charles Reilly	Psychiatric Rehabilitation Forensic	3037
Dr. Bruce Swartz	Psychiatric Rehabilitation Forensic	4345
Dr. Dennis Tyrell	Psychiatric Rehabilitation Forensic	8124

Hospital Wide Training Opportunities:

<u>Training</u>	<u>Topics Covered</u>	<u>Time and Frequency of Meetings</u>	<u>Instructor</u>
Medical Grand Rounds	Variety of Psychiatric & Medical topics	1 hr./week Tuesday 12:00	Varies
Social Work Grand Rounds	Variety of Social Work & Mental Health topics	3 hours/ month Thursday 9:00	Varies
Forensic Tours	Bridgewater State Hospital West Roxbury District Court	At convince of facility	

Other training opportunities available to Psychology Trainees:

Both the Shattuck Hospital and Metro Boston PTP may schedule additional training opportunities depending on needs that arise. In addition, the Departments of Public Health and Mental Health offer a variety of training opportunities in the Boston area.

Lemuel Shattuck Hospital and Psychology Department Orientations are required of all in-coming trainees.

Training Tracks and Emphasis:

There are three primary training tracks offered by Metro Boston PTP the Health Psychology track, Neuropsychological Assessment track and the Psychiatric/Rehabilitation Forensic track.

Neuropsychology Training is offered to Psychology Trainees who are in their Practica and Internship level of training. A consultative assessment model is used to provide training opportunities in neuropsychological assessment in both the inpatient services and the ambulatory care services. Students spend half of their time engaged in psychological intervention on one of several treatment units.

Training Goals and Objectives

The training provided for the Neuropsychology training track is focused on specific competency areas that enhance skill acquisition and use. The training is focused on helping trainees attain competency in seven specific domains: Neuropsychological Assessment, Initial Evaluation/Clinical Interview, Individual and Group Psychotherapy, Ethics and Professional Development, Consultation, Diversity, and Research/Evaluation. The task of helping you attain competence in the seven domains is shared by you and your supervisors. The training program is designed to help trainees gain experience, receive supervision and instruction and demonstrate each competency.

Broad Training Experience with Emphasis:

To ensure a breadth of training experience for the practicum trainees, students will have the opportunity to provide assessment and clinical intervention services for both inpatients and outpatients. Neuropsychological assessment services are provided throughout the hospital, on both the Public Health and the Mental Health units, as well as, on an outpatient basis through Goldfarb Ambulatory Care. In addition, students will each be assigned to one of the Psychiatric treatment units in order to provide individual and group psychotherapy.

Training Opportunities, Neuropsychology Track:

Clinical Assessments:

- Neuropsychological Assessment: comprehensive neuropsychological evaluations viewed from the perspective of the Boston Process approach
- Neuropsychological Screening
- Intellectual Assessment
- Objective Personality Assessment
- Intake Evaluations (Biopsychosocial Assessment)
- Assessment for Suicide Risk

Psychotherapy:

- Substance Abuse/Brief Therapy (group treatment)
- Inpatient Psychotherapy (individual and group treatment)

Consultation: (Assisting the medical staff in working with patients with disturbances of higher cortical function and contributing to multidisciplinary treatment planning.)

- Treatment Team Meetings
- Family Meetings
- Patient Feedback Sessions

Supervision:

Supervision in clinical neuropsychological assessment is provided by: Nancy Moczynski, Ph.D., ABPP-CN; Supervision for Psychotherapy is provided by Katya Burdo, Psy.D., Dennis Tyrell, Ph.D., Bruce Swartz, Psy.D., and Robert Jampel, Ph.D.

Supervision or Training Activity:

<u>Activity</u>	<u>Content Covered</u>	<u>Time of Meetings</u>	<u>Supervisor</u>
Clinical Psychology Lecture Series	Variety of psychological topics	1 hr./week	Varies by topic
Group Psychotherapy	Group Theory and supervision for treatment	1 hr./week	Dr. Tyrell, Dr. Burdo Dr. Jampel
Neuropsychology Case Conference	Administration, scoring & write-up of neuropsychological & objective personality assessments	1 hr./week	Dr. Moczynski

Application Criteria**Specific skills or requirements students should have before considering this field placement :**

Course work in intellectual testing, human neuropsychology, neuropsychological assessment, and objective personality assessment are helpful.

Scheduling requirements:

Tuesday mornings are required. The remainder of the schedule is per arrangement with supervisors.

Clinical/Health Psychology Training is offered to Psychology Trainees who are in their Practica level (2nd year of clinical field placement) and in their Internship level of training. Each trainee is assigned to a

treatment team, under the direct supervision of the team psychologist and this modality is used to provide training opportunities in the application of Health Psychology principles in assessment, treatment and rehabilitation for the multiply diagnosed patients they will encounter.

Training Goals and Objectives

The training provided for the Health Psychology track is focused on specific competency areas that enhance skill acquisition and use. The training is focused on helping trainees attain competency in five specific domains: Clinical Assessment, Intervention/treatment, Diversity, Clinical Research and its Practical Application, and Professional Skills and Ethics. The task of helping you attain competence in the five domains is shared by you and your supervisors. The training program is designed to help trainees gain experience, receive supervision and instruction and demonstrate each competency.

Broad Training Experience with Emphasis:

- Trainees will be assigned to a primary unit (Medical Behavioral, Goldfarb Behavioral Health or Shattuck Shelter) and the psychologist on that unit will be the primary supervisor.
- A range of clinical assessments and treatment modalities will be offered inclusive of individual and group treatment; evaluations.
- A broad range of clinical experience will be offered in a context of a multicultural/multiracial population, a team model of treatment, and a Health Psychology model of care.
- Accommodations will be considered if students wish greater emphasis in certain treatment areas or treatment modalities.

Training opportunities Psychiatric Rehabilitation/Forensic Track:

Clinical Assessments- Initial Psychological Assessment, Mental Status Assessment, Violent Behavior Assessment.

Psychotherapy- Individual treatment and Group treatment.

Behavioral Treatment- Individual Behavioral Plans

Risk Assessment and Treatment- Evaluation and treatment of patients with histories of self- injurious behavior and histories of aggression toward others.

Specific Duties expected of Psychology Trainees:

1. Approximately 50% direct clinical service time. Engage in a variety of diagnostic and treatment experiences (Initial Psychological Evaluations, individual psychotherapy & group psychotherapy, Treatment Team meetings, milieu activities, multidisciplinary clinical groups)
2. Attend and participate in scheduled didactic training (i.e. Psychology Lecture Series, Clinical Lecture Series, Department and Hospital Orientation).
3. Attend and participate in scheduled supervision (i.e. individual and group supervisions)
4. Attend and participate in scheduled didactic training.
5. Perform required administrative and procedural tasks associated with clinical care.

Multidisciplinary Clinical Groups:

- Team meetings (one hour per week)

- Community meetings (one half hour per week)
- Unit clinical rounds (one half hour per day)

Supervision:

Supervision in Health Psychology track is provided by:
Robert McMackin, Ed.D., Charles Reilly, Ed.D.

Supervision & Training Activity for Intern Level:

<u>Activity</u>	<u>Content Covered</u>	<u>Time of Meetings</u>	<u>Supervisor</u>
Clinical Psychology Lecture Series	Variety of psychological topics	1 hr./week	Varies by topic
Group & Individual therapy	Skills development, Health Psychology prevention & intervention techniques, Group process and logistics	1 hr./week	Dr. McMackin
Assessment	Initial Psychological Assessment, Mental Status, Risk Assessment, Behavioral Assessment	1 hr./week	Dr. McMackin & Dr. Reilly

Supervision & Training Activity for Practica Level:

<u>Activity</u>	<u>Content Covered</u>	<u>Time of Meetings</u>	<u>Supervisor</u>
Clinical Psychology Lecture Series	Variety of psychological topics	1 hr./week	Varies by topic
Group & Individual therapy	Skills development, Health Psychology prevention & intervention techniques, Group process and logistics	1 hr./week	Dr. McMackin
Assessment	Initial Psychological Assessment, Mental Status, Risk Assessment, Behavioral Assessment	1 hr./week	Dr. McMackin & Dr. Reilly

Application Criteria

1. Specific skills or requirements students should have before considering this field placement:

There are specific skills and interests that will be given special consideration when a candidate is applying to this training program, which include:

- Interest in treating those with persistent mentally illness and chronic medical conditions
- Interest in Health Psychology issues in a mental health setting
- Interest in working and learning in a multi-disciplinary environment
- Interest in working and learning in a multi-cultural clinical setting
- Knowledge of and interest in psychological testing and diagnostic assessment?
- Knowledge of and interest in group treatment
- Knowledge of and interest in treating substance abuse

2. Intern criteria for application to this track :

Candidates applying for intern level of training are expected to have completed the required course work in administering and scoring the W.A.I.S.- IV and projective instruments (Rorschach, T.A.T., etc.).

3. Scheduling requirements :

All trainees are expected to be available to participate in training requirements offered on Tuesday. The remainder of the schedule is per arrangement with supervisors.

All part time candidates accepted to Health Psychology track are expected to be on-site three days per week, Tuesday, two other days.

Psychiatric Rehabilitation/ Forensic Psychology Training is offered to Psychology Trainees who are in their Practica level (2nd year of clinical field placement) and in their Internship level of training. Each trainee is assigned to a treatment team, under the direct supervision of the team psychologist and this

modality is used to provide training opportunities in the application of assessment, treatment and rehabilitation for all the patients residing on the psychiatric inpatient units.

Training Goals and Objectives

The training provided for the Psychiatric Rehabilitation/Forensic track is focused on specific competency areas that enhance skill acquisition and use. The training is focused on helping trainees attain competency in seven specific domains: Clinical Assessment, Forensic Assessment, Intervention/treatment, Rehabilitation, Diversity, Clinical Research and its Practical Application, and Professional Skills and Ethics. The task of helping you attain competence in the seven domains is shared by you and your supervisors. The training program is designed to help trainees gain experience, receive supervision and instruction and demonstrate each competency.

Broad Training Experience with Emphasis:

- Trainees will be assigned to a primary unit on the psychiatric service, Metro Boston Mental Health Units and the psychologist on that unit will be the primary supervisor.
- A range of clinical assessments and treatment modalities will be offered inclusive of individual and group treatment; evaluations, and standardized cognitive and personality testing.
- A broad range of clinical psychology experience will be offered in a context of a multicultural/multiracial population, a team model of treatment, and a psychiatric/rehabilitation model of care.
- An emphasis on Forensic Psychology is part of the training experience.
- Accommodations will be considered if students wish greater emphasis in certain treatment areas or treatment modalities.

Training opportunities Psychiatric Rehabilitation/Forensic Track:

Clinical Assessments- Cognitive testing, Personality testing, Initial Psychological Assessment, Mental Status Assessment, Violent Behavior Assessment.

Psychotherapy- Individual treatment and Group treatment.

Behavioral Treatment- Individual Behavioral Plans, Dialectic Behavioral Treatment and Skill Development group treatment.

Forensic Services- Evaluation and treatment of patients with court commitments, Competence to Stand Trial Restoration group,

Risk Assessment and Treatment- Evaluation and treatment of patients with histories of self- injurious behavior and histories of aggression toward others.

Specific Duties expected of Psychology Trainees:

1. Approximately 50% direct clinical service time.

2. Engage in a variety of diagnostic and treatment experiences (Psychological test batteries, Initial Psychological Evaluations individual psychotherapy & group psychotherapy, Treatment Team meetings, milieu activities, multidisciplinary clinical groups)
3. Attend and participate in scheduled didactic training (i.e. Psychology Lecture Series, Clinical Case Conference, Clinical Lecture Series, Department and Hospital Orientation).
4. Attend and participate in scheduled supervision (i.e. individual and group supervisions)
5. Attend and participate in scheduled didactic training.
6. Perform required administrative and procedural tasks associated with clinical care.

Multidisciplinary Clinical Groups:

- Team meetings (one-one half hours per week)
- Community meetings (one half hour per week)
- Unit clinical rounds (one half hour per day)

Supervision:

Supervision in Psychiatric Rehabilitation Forensic track is provided by:

Robert Jampel, Ph.D., Charles Reilly, Ed.D., Bruce Swartz, Psy.D., and Dennis Tyrell, Ph.D.

Supervision & Training Activity for Intern Level:

<u>Activity</u>	<u>Content Covered</u>	<u>Time of Meetings</u>	<u>Supervisor</u>
Clinical Psychology Lecture Series	Variety of psychological topics	1 hr./week	Varies by topic
Forensic Issues & Assessment	Mental Health Law, Forensic Evaluations, Civil Commitment, Guardianships	1 hr./week	Dr. Swartz
Group Psychotherapy	Group process and logistics	1 hr./week	Dr. Jampel, Dr. Tyrell
Individual Psychotherapy & Assessment	Individual Tx., Mental Status, Violent Behavior Assessment, & Initial Psychological Assessment	1 hr./week	Primary Supervisor
Professional Development	Clinical & systems issues as relate to Professional practice & Ethics	1 hr./week	Dr. Jampel, Dr. Reilly, Dr. Swartz, Dr. Tyrell
Psychological Testing	Administration, scoring & Write-up for Projective & Cognitive assessments	1.5 hr. plus / week	Dr. Jampel, Dr. Swartz

Supervision & Training Activity for Practica Level:

<u>Activity</u>	<u>Content Covered</u>	<u>Time of Meetings</u>	<u>Supervisor</u>
Clinical Psychology Lecture Series	Variety of psychological topics	1 hr./week	Varies by topic
Forensic Issues & Assessment	Mental Health Law, Forensic Evaluations, Civil Commitment, Guardianships	1 hr./week	Dr. Swartz
Group Psychotherapy	Group process and logistics	1 hr./week	Dr. Jampel, Dr. Tyrell
Individual Psychotherapy & Assessment	Individual Tx., Mental Status, Violent Behavior Assessment, & Initial Psychological Assessment	1 hr./week	Primary Supervisor
Professional Development	Clinical & administrative Issues as relate to Professional practice & Ethics	1 hr./week	Dr. Jampel, Dr. Reilly, Dr. Swartz, Dr. Tyrell

Psychological testing supervision is offered on a limited basis for those who have previously completed the required course work in administering and scoring the W.A.I.S.- IV and/or projective instruments.

Application Criteria

3. Specific skills or requirements students should have before considering this field placement:

There are specific skills and interests that will be given special consideration when a candidate is applying to this training program, which include:

- Interest in treating the persistently mentally ill
- Interest in forensic issues in a mental health setting
- Interest in working and learning in a multi-disciplinary environment
- Interest in working and learning in a multi-cultural clinical setting
- Knowledge of and interest in psychological testing and diagnostic assessment
- Knowledge of and interest in group treatment
- Knowledge of and interest in treating substance abuse

4. Intern criteria for application to this track :

Candidates applying for intern level of training are expected to have completed the required course work in administering and scoring the W.A.I.S.- IV and projective instruments (Rorschach, T.A.T., etc.).

3. Scheduling requirements :

All trainees are expected to be available to participate in training requirements offered on Tuesday and Friday.

All part time candidates accepted to Psychiatric Rehabilitation Forensic Psychology Track are expected to be on-site three days per week, Tuesday, Friday and one other day.

Location: The Lemuel Shattuck Hospital is located in Jamaica Plain (within the grounds of Franklin Park) a southwest section of Boston. It is conveniently reached by public transportation (Orange line stop at Forest Hills Station or Bus) or by car via the Washington Street, the Arbour Way or Morton Street to Forest Hills circle. The hospital provides a free shuttle bus from the Orange line stop at Forest Hill Station to the hospital and there is no charge for parking at the hospital. If you would like directions and further information about Lemuel Shattuck Hospital it can be found on the world wide web at:
www.shattuckhospital.org

Interested candidates for the Metro Boston Psychology Training Program should contact:

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